



# 2024/2025 COURSE SCHEDULE

## BECOME A SURF LIFESAVER!



### BRONZE MEDALLION (BM)/ CERT II IN PUBLIC SAFETY

The aim of this course is to provide participants with the skills and knowledge of basic patrolling and surf awareness to be able to participate in lifesaving operations.

Pre-requisite: Minimum 15 years of age. Ability to swim 400 meters within 9 minutes - prior to commencing training, you will be required to complete a 400 meter swim within 9 minutes. This is a 7 week course and concludes with an assessment.

**COURSE 1:** 27th July 2024 - assessment on the 7th of September 2024

**COURSE 2:** 12th October 2024 - assessment on the 23rd of November 2024

**Training Times:** 7am - 3pm @ Noosa Heads SLSC Training Room.

Training times and locations may vary due to surf conditions and are at the discretion of the facilitator.

### IRB CREW COURSE

Pre-requisite: Minimum 15 years of age & Bronze Medallion holder.

**COURSE 1:** Contact [Lifesaving@noosasurfclub.com.au](mailto:Lifesaving@noosasurfclub.com.au)

### SILVER MEDALLION IRB DRIVERS

Venue: Noosa Heads SLSC, Training Room & Main Beach

Pre-requisite: Minimum 17 years of age, Marine License, Proficient Bronze Medallion & IRB Crew, Financial Member of NHSLSC and able to attend all dates/sessions listed below.

**COURSE 1:** Contact [Lifesaving@noosasurfclub.com.au](mailto:Lifesaving@noosasurfclub.com.au)

### FIRST AID

Venue: Noosa Heads Training Room.

Pre-requisite: Minimum 14 years of age.

**COURSE 1:** 3rd and 10th of August 2024, 11am - 3pm

**COURSE 2:** 19th and 26th of October 2024, 11am - 3pm

**COURSE 3:** 1st February 2025, 8am - 4pm (Noosaville Training Centre)

### ADVANCED RESUSCITATION TECHNIQUES

Venue: Noosa Heads Training Room.

Pre-requisite: Minimum 15 years of age, Bronze Medallion of First Aid certificate (HLTAID011) holder

**COURSE 1:** Saturday 7th September 11am - 3pm

**COURSE 2:** Saturday 23rd November, 11am - 3pm

**COURSE 3:** Saturday 1st March 2025, 8am - 4pm

**COURSE 4:** Saturday 8th March 2025, 8am 4pm

**\*\*Attendance required at all session**

### SCHOOL HOLIDAY COURSES

#### BRONZE MEDALLION (BM) AND SURF RESCUE CERTIFICATE (SRC)

Venue: Noosa Heads SLSC, Training Room

BM Pre-requisite: Minimum 15 years of age at assessment date. Ability to swim 400m freestyle within 9 minutes prior to course commencement.

SRC Pre-requisite: Minimum 13 years of age at assessment date. Ability to swim 200 meters within 5 minutes prior to course commencement.

**COURSE 1:** 16th September - 19th September 2024

**COURSE 2:** 23rd September - 26th September 2024

**COURSE 3:** 16th December - 19th December 2024

**COURSE 4:** 7th April - 10th April 2025

### SILVER MEDALLION PATROL CAPTAINS COURSE

Venue: Noosa Heads SLSC, Training Centre, 1/11 Venture Drive. Noosaville

BM Pre-requisite: Minimum 18 years of age at assessment date. Completed two years as a patrolling member.

**COURSE 1:** 20th and 22nd Aug 6pm - 9pm & 24 August 8am - 12pm

#### VIDEO



**OUR ENROLMENT PROCESS HAS CHANGED  
PLEASE WATCH THE VIDEO ON HOW TO  
ENROL AND THEN FOLLOW THE PROCESS**

#### MEMBERS PORTAL

